

1st INTERNATIONAL WORKSHOP
HEALTH, FITNESS AND PHYSICAL ACTIVITY RESEARCH

November 4-5 2022
Craiova, Romania

HOME

The **1st International Workshop *HEALTH, FITNESS AND PHYSICAL ACTIVITY RESEARCH*** aims to bring together leading academic scientists, researchers and PhD students to exchange and share their experiences and research in field of physical activity and health, sport science and physiotherapy. It also provides a premier interdisciplinary platform for researchers, practitioners, and educators to present and discuss the most recent innovations, trends, and concerns as well as practical challenges encountered and solutions adopted in the fields of physical activity, health, sport science.

Organized by:

University of Craiova, Faculty of Physical Education and Sport - Doctoral School - Sport Science and Physical Education Field

Welcome letter

Dear Colleagues,

It is our great pleasure to invite you to the **1st International Workshop HEALTH, FITNESS AND PHYSICAL ACTIVITY RESEARCH, 4-5 November 2022**, which will be held in Craiova. University Of Craiova-Faculty of Physical Education and Sport, Doctoral School Sport Science and Physical Education.

This workshop will be an opportunity to share research and practical experiences and to exchange the latest research results and exchange views on future research directions in sport science, health, and physiotherapy.

The prospective authors are kindly encouraged to contribute to and help shape the workshop through submissions of their research papers. Also, high quality research contributions describing original and unpublished results of conceptual, constructive, empirical, experimental, or theoretical work in all areas are cordially invited for presentation at the conference.

The workshop focused on the relationship between physical therapists, sports scientists, between research and practical application.

The workshop stimulates the interdisciplinary research round table as sport performance, physical education and sport, health and physiotherapy.

Welcome to **1st International Workshop HEALTH, FITNESS AND PHYSICAL ACTIVITY RESEARCH**

Kind regards on the behalf of the 1st International Workshop HEALTH, FITNESS AND PHYSICAL ACTIVITY RESEARCH

Steering Committee,

Prof. M.D. PhD.Ligia Rusu

Prof. PhD. Germina Alina Cosma

Committees:**Coordinators:**

Prof.M.D.PhD.Ligia Rusu, University of Craiova, Romania

Prof. PhD. Germina Alina Cosma, University of Craiova, Romania

Co-coordinators:

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Assoc. prof. Phd. Costin Nanu, University of Craiova, Romania

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Denisa Piele

Mihai Robert Rusu

The workshops will take place in hybrid format.

Call for papers:

The workshop is seeking submissions related to the following workshop topics: SportPerformance; Physical Education and Sport, Health and Physiotherapy.

Full-text papers (.docx and .doc) will be sent via online to the next email address, according to the topics.

Sport Performance dumitru.barbu@edu.ucv.ro

Physical Education and Sport costin.nanu@edu.ucv.ro

Health and Physiotherapy ligia.rusu@edu.ucv.ro; mihaela.zavaleanu@edu.ucv.ro

All full paper submissions will be peer-reviewed and evaluated based on originality, technical and/or research depth, accuracy and relevance to the workshop topics.

The paper length is limited to 5 pages, including references. All submitted papers must be strictly prepared following the publication guidelines:

Organization of the manuscript

Each manuscript should have:

Title: TNR 12 bold. Capitalize the first word only.

Authors and affiliation: TNR 12 Italic, with first and middle names or initials followed by surname. If multiple authors have the same affiliation, one listing of the affiliation should be used, preceded by the full list of those authors on the line above.

Abstract: TNR 10, regular. The authors prepare a structured abstract of not more than 300 words.

Key words: TNR 10, *Italic*. Immediately after the abstract, provide a maximum of 3–6 keywords. Key words should refer to the terms from Medical Subject Headings (MeSH) of MEDLINE/PubMed.

Main text (Introduction, Methods, Results, Discussion): TNR 11, regular.

References: TNR 10 regular

For the references, use APA style (American Psychological Association). The list of references should include only those publications which are cited in the text. References should be presented in alphabetical order. No more than 30 references will be accepted.

Examples:

- a) Journals: (Ryder, J., Bassel,, R.(2020). Skeletal muscle reprogramming by activation of calcineurin improves insulin action on metabolic pathways. J. Biol. Chem. 2(78), 298 - 304. <https://doi.org/10.1123/chem.2013-0037>
- b) Books: Booth, F., & Baldwin, K. (2015). Muscle plasticity: energy demanding and supply processes. Oxford University Press.

Corresponding author-should contain: postal address, email

Important deadlines are:

Full paper submission deadline: 10 October 2022

Registration deadline: 23 October 2022

Workshop dates 04-05 November 2022

For detailed up-to-date information please visit the workshop website:

<https://efs.ucv.ro/workshop/index.php>

Registration:

The registration will be possible on workshop website:

<https://efs.ucv.ro/workshop/index.php>

No registration fee for participation and publish.

Lectures:

Prof. Jude Hemanth, Karunya Institute of Technology & Sciences, Coimbatore, India

Prof. Dr. Ugur Cavlak, Biruni University, Istanbul, Turkey

Prof. Nilufer CETISLI-KORKMAZ, Pamukkale University, Faculty of Physiotherapy and Rehabilitation, Turkey

Topics:

Main topics:

- ✓ Sport performance
- ✓ Physical education and sport
- ✓ Health and physiotherapy.

The topics of the workshop, but are not limited to:

- Educational and psychological issues of athlete's training
- Sports physiology, biochemistry and medicine
- Motor learning and performance
- Physical activity, recreation and health
- Adapted physical activity and rehabilitation

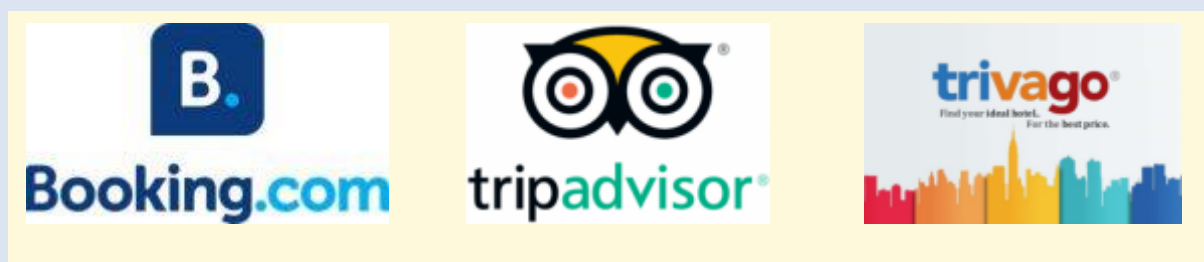
Venue:

The workshop will be held at the University of Craiova, Faculty of Physical Education and Sport, Str. Brestei Nr 146, Craiova, Dolj, Romania.

Craiova is located in south-west of Romanian and easily accessible from all European countries by airplane, train or car.

Accommodation:

Hotel reservations can be made by organizers upon request or can be made directly by accessing:



Deadlines:

Full paper submission deadline: 10 October 2022

Acceptance notification: 16 October 2022

Final paper submission: 23 October 2022

Registration deadline: 23 October 2022

Contact:

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More information at:

<https://efs.ucv.ro/workshop/index.php>