

**EDUCATIE FIZICA SI SPORTIVA  
RESTANTE AN I SI II**

**5-19 septembrie 2016**

| DISCIPLINA                         | DATA     | ORA / SALA                                |
|------------------------------------|----------|---|
| Lb. Engleza                        | 9 sept.  | 10 <sup>30</sup>                          |
| Lb. franceza                       |          |   |
| Anatomie                           | 5 sept.  | 10 <sup>00</sup>                          |
| Atletism                           | 16 sept. | 10 <sup>00</sup>                          |
| Gimnastica ritmica                 | 14 sept. | 9 <sup>00</sup>                           |
| Handbal                            | 12 sept. | 10 <sup>00</sup>                          |
| Fotbal                             | 16 sept. | 12 <sup>00</sup>                          |
| Gimnastica de baza                 | 6 sept.  | 10 <sup>00</sup>                          |
| Schi                               | 13 sept. | 10 <sup>00</sup>                          |
| Fiziologie                         | 8 sept.  | 11 <sup>00</sup>                          |
| ESPA                               | 7 sept.  | 11 <sup>00</sup>                          |
| Kinesiologie                       | 6 sept.  | 11 <sup>00</sup>                          |
| TEFS, an II                        | 15 sept. | 8 <sup>30</sup>                           |
| TMEFS, an I                        | 15 sept. | 9 <sup>30</sup>                           |
| Turism                             | 12 sept. | 10 <sup>00</sup>                          |
| Didactica sportului adaptat        | 7 sept.  | 10 <sup>00</sup>                          |
| Tenis de masa                      | 6 sept.  | 12 <sup>00</sup>                          |
| Dans                               | 14 sept. | 11 <sup>00</sup>                          |
| Optimizarea conditiei fizice       | 16 sept. | 11 <sup>00</sup>                          |
| Metodica EFS                       | 15 sept. | 10 <sup>30</sup>                          |
| Management si marketing in EFS     | 19 sept. | 10 <sup>00</sup>                          |
| Echipamente si instalatii sportive | 16 sept. | 10 <sup>00</sup>                          |
| Volei                              | 7 sept.  | 9 <sup>00</sup>                           |
| Baschet                            | 14 sept. | 10 <sup>00</sup>                          |
| Judo                               | 13 sept. | 11 <sup>00</sup>                          |
| Natatie                            | 5 sept.  | 12 <sup>00</sup>                          |
| Informatica                        | 19 sept  | 10 <sup>00</sup><br>Sala Informatica et 2 |
| Masaj si tehnici complementare     | 8 sept.  | 10 <sup>00</sup>                          |

# **EDUCATIE FIZICA SI SPORTIVA**

## **RESTANTE AN III**

**5-9 septembrie 2016**

| <b>DISCIPLINA</b>                          | <b>DATA</b> | <b>ORA / SALA</b> |
|--|-------------|-------------------|
| Lb. Engleza                                | 9 sept.     | 10 <sup>30</sup>  |
| Lb. franceza                               |             |                   |
| Anatomie                                   | 5 sept.     | 10 <sup>00</sup>  |
| Atletism                                   | 7 sept.     | 11 <sup>00</sup>  |
| Gimnastica ritmica                         | 7 sept.     | 10 <sup>30</sup>  |
| Metodica discipl. sp. Handbal              | 8 sept.     | 10 <sup>30</sup>  |
| Metodica discipl. sp. Fotbal               | 8 sept.     | 11 <sup>30</sup>  |
| Gimnastica                                 | 6 sept.     | 9 <sup>00</sup>   |
| Schi                                       | 6 sept.     | 10 <sup>00</sup>  |
| Fiziologie                                 | 8 sept.     | 12 <sup>30</sup>  |
| ESPA                                       | 7 sept.     | 11 <sup>30</sup>  |
| Kinetologie                                | 6 sept.     | 11 <sup>30</sup>  |
| TEFS                                       | 9 sept.     | 8 <sup>30</sup>   |
| Turism                                     | 6 sept.     | 11 <sup>00</sup>  |
| Didactica sportului adaptat                | 7 sept.     | 10 <sup>00</sup>  |
| Tenis de masa                              | 5 sept.     | 11 <sup>00</sup>  |
| Dans                                       | 7 sept.     | 12 <sup>00</sup>  |
| Optimizarea conditiei fizice               | 7 sept.     | 12 <sup>30</sup>  |
| Metodica EFS                               | 9 sept.     | 10 <sup>00</sup>  |
| Management si marketing in EFS             | 9 sept.     | 12 <sup>00</sup>  |
| Echipamente si instalatii sportive         | 7 sept.     | 9 <sup>30</sup>   |
| Volei                                      | 7 sept.     | 9 <sup>00</sup>   |
| Baschet                                    | 6 sept.     | 10 <sup>30</sup>  |
| Judo                                       | 8 sept.     | 13 <sup>00</sup>  |
| Natatie                                    | 5 sept.     | 12 <sup>00</sup>  |
| Informatica                                | 8 sept.     | 10 <sup>00</sup>  |
| Masaj si tehnici complementare             | 6 sept.     | 12 <sup>00</sup>  |
| Evaluare motrica si somatica               | 5 sept.     | 11 <sup>30</sup>  |
| Istorie EFS si olimpism                    | 9 sept.     | 11 <sup>30</sup>  |
| Fiziologia efortului                       | 8 sept.     | 11 <sup>00</sup>  |
| Evaluare functionala                       | 9 sept.     | 12 <sup>30</sup>  |
| Expresie corporala                         | 6 sept.     | 9 <sup>30</sup>   |
| Teoria antrenamentului sp.                 | 8 sept.     | 12 <sup>00</sup>  |
| Activitati de timp liber                   | 5 sept.     | 12 <sup>30</sup>  |
| Specializare(A, TM, V, H, F, J, S, G, B)   | 5 sept.     | 9 <sup>00</sup>   |
| Organizarea si conducerea structurilor sp. | 9 sept.     | 11 <sup>00</sup>  |