

## CURRICULUM

Year 1 Semester I		Number of weeks 14										
Discipline	Type	Category	Hours/week				Credits	*) Exam. type	Hours total			
			Course	Sem	Lab	Pract.			Course	Sem+L	Pract	
Sports law	Untranslated	Untranslated	1.0	2.0	0.0	0.0	5.0	--	E	14.0	28.0	0.0
Sports performance research methodology	Untranslated	Untranslated	2.0	0.0	1.0	0.0	5.0	--	E	28.0	14.0	0.0
Monitoring the sports training	Untranslated	Untranslated	2.0	0.0	1.0	0.0	5.0	--	E	28.0	14.0	0.0
Internship ( Juniors IV and III)	Untranslated	Untranslated	0.0	0.0	0.0	28.0	5.0	--	C	0.0	0.0	28.0
Teoria și practica în sportul de performanță	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance - Athletics	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance - dance sport	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance - Football	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance - gymnastics	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance - Handball	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance - tennis table	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance - Volleyball	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance -Basketball	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance-Judo	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance - combat	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance-Fitness-body building	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance-Fencing	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Theory and practice of sport performance-Tennis	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
Innovation and entrepreneurship in Sports Science	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	C	14.0	28.0	0.0
<b>Total semester:</b>			8.0	2.0	6.0	0.0	30.0			112.0	112.0	28.0

Discipline	Type	Category	Hours/week				Credits	*) Exam.	Hours total			
			Course	Sem	Lab	Pract.			typeCourse	Sem+L	Pract	
<b>Teoria și practica în sportul de performanță</b>	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - Athletics	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - dance sport	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - Football	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - gymnastics	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - Handball	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - Judo	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance-Fencing	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - tennis table	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - Volleyball	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance -Basketball	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance - combat	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance-Fitness-body building	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
Theory and practice of sport performance-Tennis	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	--	E	28.0	14.0	0.0
<b>Training planning in sport performance</b>	Untranslated	Untranslated	2.0	0.0	1.0	0.0	5.0	--	E	28.0	14.0	0.0
<b>Pachet I</b>	Untranslated	Untranslated	1.0	2.0	0.0	0.0	5.0	--	E	14.0	28.0	0.0
Coach and sport performance	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	E	14.0	28.0	0.0
Nutrition/doping in sport	Untranslated	Untranslated	1.0	2.0	0.0	0.0	5.0	--	E	14.0	28.0	0.0
Posteffort complex recovery	Untranslated	Untranslated	1.0	2.0	0.0	0.0	5.0	--	E	14.0	28.0	0.0
<b>Communication in sports activities</b>	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	E	14.0	28.0	0.0
<b>Internship( juniors II and I)</b>	Untranslated	Untranslated	0.0	0.0	0.0	28.0	4.0	--	C	0.0	0.0	28.0
<b>Total semester:</b>			7.0	4.0	4.0	0.0	30.0			98.0	112.0	28.0

Discipline	Type	Category	Hours/week				Credits	*) Exam. type	Hours total			
			Course	Sem	Lab	Pract.			Course	Sem+L	Pract	
Ethics and academic integrity	Untranslated	Untranslated	2.0	0.0	1.0	0.0	6.0	–	E	28.0	14.0	0.0
Augmented capacity	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	–	E	14.0	28.0	0.0
Theory of competition	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	–	E	14.0	28.0	0.0
Pachet I	Untranslated	Untranslated	1.0	0.0	2.0	0.0	4.0	–	C	14.0	28.0	0.0
Installations and sport equipment	Untranslated	Untranslated	1.0	0.0	2.0	0.0	4.0	–	C	14.0	28.0	0.0
Traumatology in sport	Untranslated	Untranslated	1.0	0.0	2.0	0.0	4.0	–	C	14.0	28.0	0.0
Internship	Untranslated	Untranslated	0.0	0.0	0.0	14.0	4.0	--	C	0.0	0.0	14.0
Teoria și practica în sportul de înaltă performanță	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	28.0	28.0	0.0
Theory and practice of high performance sport - dance sport	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport -Athletics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport - Basketball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport -Football	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport - gymnastics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport - Handball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport -Judo	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport -Table tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport -Volleyball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	28.0	28.0	0.0
Theory and practice of high performance sport-Fitness-body	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	28.0	28.0	0.0
Theory and practice of high performance sport-Fencing	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
Theory and practice of high performance sport-Tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	–	E	28.0	28.0	0.0
<b>Total semester:</b>			7.0	0.0	9.0	0.0	30.0			98.0	126.0	196.0

Discipline	Type	Category	Hours/week				Credits	*) Exam.	Hours total			
			Course	Sem	Lab	Pract.			typeCourse	Sem+L	Pract	
Teoria și practica în sportul de înaltă performanță	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport - dance sport	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport -Athletics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport - Basketball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport -Football	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport - gymnastics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport - Handball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport -Judo	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport -Table tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport -Volleyball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport-Fitness-body	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport-Fencing	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Theory and practice of high performance sport-Tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	6.0	--	E	24.0	24.0	0.0
Guidance for the effort in sport training	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	E	12.0	24.0	0.0
Sports groups psycho-sociology	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	E	12.0	24.0	0.0
Organization and leadership in sport	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	--	E	12.0	24.0	0.0
Psychological training in sport	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	C	24.0	24.0	0.0
Disertation Thesis Writing Stage	Untranslated	Untranslated	0.0	0.0	0.0	56.0	4.0	--	V	0.0	0.0	56.0
<b>Total semester:</b>			7.0	0.0	10.0	0.0	30.0			84.0	120.0	56.0