Form of education: IF

Official duration of study: 3

Aproved since 2024-2025

CURRICULUM

Year 1 Semester I	JOIN	COLUM					K	lum	har af	·	250	<u> </u>				
Discipline	Туре	Category	H Course		week Lab	Pract.	Credit		ber of		lours to	14 otal				
Functional anatomy Foundations of athletics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	-	E	28,0	Sem+L 28.0	Pract 0.0				
Scientific fundamentals of sport games -basketball	Untranslated Untranslated	Untranslated Untranslated	2.0	0.0	2.0	0.0	5.0		E	28.0	28.0	0.0				
Scientific fundamentals of team sports - volleyball Scientific fundamentals of team sports - football	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0 5.0		<u>E</u>	28.0 28.0	28.0 28.0	0.0				
limbă străină	Untranslated Untranslated	Untranslated Untranslated	2.0	0.0	2.0	0.0	5.0		E	28.0	28.0	0.0				
English Language French Language	Untranslated	Untranslated	0.0	2.0	0.0	0.0	2.0	_	C	0.0	28.0	0.0				
heory and practice of winter sports - Ski	Untranslated Untranslated	Untranslated	0.0	2.0	0.0	0.0	2.0		C	0.0	28.0 28.0	0.0 0.0				
ractical applications of subjects winter sports	Untranslated	Untranslated Untranslated	2.0 0.0	0.0	0.0	0.0 28.0	2.0	_	Ċ_	28.0	0.0	0.0				
Total semester:	-		12.0	2.0	10.0	0.0	30.0	<u> </u>	<u></u>	0.0 168.0	0.0 168.0	28.0 28.0				

Year 1 Semester II						(2)	1920 ST	2 30		
Discipline Kinesiology	Туре	Category	Hours Course Sen		N Credits	_	nber of	Н	ours to	
Physiology	Untranslated	Untranslated	2.0 0.0		4.0	5200000	type(332	Same and the same	Pract
Health education and first aid	Untranslated	Untranslated	2.0 0.0	0.0	3.0		<u> </u>	28.0	14.0	0.0
Theory and methods of Physical Education and Sport	Untranslated	Untranslated	1.0 0.0	0.0	3,0		<u> </u>	28.0	14.0	0.0
Basic gymnastics	Untranslated	Untranslated	2.0 0.0	0.0				14.0	28.0	0.0
	Untranslated	Untranslated	2.0 0.0	 0.0	5.0	Samuel.	- -	28.0	28.0	0.0
Scientific fundamentals of team sports - handball	Untranslated	Untranslated	2.0 0.0	 	5.0		<u>— </u>	28.0	28.0	0.0

Untranslated

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2.0

0.0 28.0

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28.0

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182.0 168.0

28.0

28.0

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28.0

28.0

Movement leisure activities - hiking

Internship in tourism activities

Total semester:

100-2	C	
Year 2	Semester	

Toda 2 Gennester							N	lum	s	14		
Discipline	Туре	Category	H Course	ours/			Credit	s *) Exam	999 E	lours to	otal
Theory and practice of athletics	Untranslated	Untranslated			_		177000000000000000000000000000000000000	—	type	Course	Sem+L	<u>Pract</u>
Theory and practice in sport fields - table tennis	Untranslated		2.0	0.0	2.0	0.0	4.0		E	28.0	28.0	0.0
fethodology of teaching volleyball at school		Untranslated	2.0	0.0	2.0	0.0	4.0	-	E	28.0	28.0	0.0
fethodology of teaching handball at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	_	E	28.0	28.0	0.0
Methodology of teaching gymnastics at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0		 E	-		7.5
Pachet I	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	27	_ <u>=</u>	28.0	28.0	0.0
	Untranslated	Untranslated	2.0	0.0	2.0	0.0				28.0	28.0	0.0
Theory and practice in sport fields - bodybuilding/fitness	Untranslated	Untranslated	2.0	Spirit State	1990		2.0		_ <u>C</u>	28.0	28.0	0.0
Theory and practice in sport fields - tennis	Untranslated	Untranslated		0.0	2.0	0.0	2.0		С	28.0	28.0	0.0
ractices and methods of movement activities by age groups	Untranslated		2.0	0.0	2.0	0.0	2.0	-	C	28.0	28.0	0.0
nternship in organizing sports and recreational activies.	The second secon	Untranslated	1.0	0.0	_1.0	0.0	3.0	_	С	14.0	14.0	0.0
otal semester:	Untranslated	Untranslated	0.0	0.0	0.0	28.0	2.0	_	V	0.0	0.0	28.0
and the same of th			15.0	0.0	15.0	0.0	32.0	-		ESW 10	210.0	28.0

'ear	2	Semester [

July 2 Comester II					-	_	N	lum	ber of	week	(S	14
Discipline Methodology of topolics All Little	Туре	Category	Course		week Lab		Credit	\$ *	Exam.	7	lours to	otal
Methodology of teaching Athletics at school Methodology of teaching football at school	Untranslated	Untranslated	2.0	0.0	2.0		5.0		E	28.0	Sem+L 28.0	200
Methodology of teaching basketball at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0		Ē	28.0	100000000000000000000000000000000000000	0.0
heory and practice of gymnastics branches-artistic performance	Untranslated Untranslated	Untranslated Untranslated	2.0	0.0	2.0	0.0	5.0	-	E	28.0	28,0	0.0
neory and practice of rhythmic gymnastics branches	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	-	<u> </u>	28.0	28.0	0.0
heory and practice of water sports - swimming ractical applications of water sports - swimming	Untranslated	Untranslated	2.0	0.0	0.0	0.0	4.0 2.0		C	28.0	28.0	0.0
achet II	Untranslated	Untranslated	0.0	0.0	0,0	42.0	2.0		$\frac{\sigma}{V}$	0.0	0.0	0.0 42.0
Physical Education and Sport history	Untranslated Untranslated	Untranslated	1.0	0.0	1.0	0.0	3.0		С	14.0	14.0	0.0
Management applied in Sports Science and Physical Education	Untranslated	Untranslated Untranslated	1.0 1.0	0.0	1.0	0.0	3.0		C	14.0	14.0	0.0
otal semester:			13.0	0.0	1.0 11.0	0.0 0.0	3,0 30.0		C 1	14.0 82.0	14.0 154.0	0.0 42.0

Discipline			Н	ours!	week		Credi			of week	SEASON .	14
otor and somatosensory functional evaluation	Туре	Category	Course	Sem		Pract.	orean	15	*) Exam	n. ⊦ <u>•Course</u>	dours t	otal
oundations of sports training	Untranslated	Untranslated	2.0	0.0					E	28.0	98	
esearch methods	Untranslated	Untranslated	2.0	0.0			4.0		E			
	Untranslated	Untranslated	2.0	0.0			3.0		C	28.0	28.0	
neory and practice in sports of expression - DanceSport	Untranslated	Untranslated	2.0	0.0			4.0		E	28.0	14.0	
eory and practice in combat sports - judo, wrestling	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0			28.0	28.0	0.0
PES marketing	Untranslated	Untranslated	1.0	0.0	2.0	0.0	3.0		<u>E</u>	28.0	28.0	0.0
	Untranslated	Untranslated	1.0	0.0	2.0	0.0	3.0	300	<u>c</u> _	14.0	28,0	0.0
Organizing competitions in sport	<u>Untranslated</u>	Untranslated	1.0	0.0	1.0	0.0	3.0		C	14.0	28.0	0.0
etodica antrenamentului pe ramură de sport	Untranslated	Untranslated	2.0	0.0	2.0	0.0		_	<u> </u>	14.0	14.0	0.0
Training methods by sports fields-Athletism	Untranslated	Untranslated	2.0	0.0	2.0		5.0	_	<u> </u>	28.0	_28.0	0.0
Training methods by sports fields-Basketball	Untranslated	Untranslated	2.0	0.0		0.0	5.0	-	E	28.0	28.0	0.0
Training methods by sports fields-bodybuilding/Fitness	Untranslated	Untranslated	2.0		2.0	0.0	5.0		Ε	28.0	28.0	0.0
raining methods by sports fields-dance	Untranslated	Untranslated		0.0	2.0	0.0	5.0	-	Е	28.0	28.0	0.0
Training methods by sports fields-Football	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	_	E	28.0	28.0	0.0
Training methods by sports fields-Gymnastics	Untranslated		2.0	0.0	2.0	0.0	5.0	-	E	28.0	28.0	0.0
Training methods by sports fields-Handball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	()	E	28.0	28.0	0.0
Training methods by sports fields-judo		Untranslated	2.0	0.0	2.0	0.0	5.0	_	E	28.0	28.0	0.0
Training methods by sports fields-Fencing	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0		E	28.0	28.0	0.0
Training methods by sports fields- tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0		E	28.0	28.0	0.0
Training methods by sports fields-Table tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0		Ε	28.0	28.0	0.0
Training methods by sports fields-Volleyball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0		E	28.0	28.0	0.0
mship in recreation facilities	Untranslated	Untranslated	2.0	0.0	2.0	0.0			E	28.0	28.0	0.0
tal semester:	Untranslated	Untranslated	0.0	0.0	0.0	42.0	~~			0.0	0.0	42.0

182.0 182,0

13.0 0.0 13.0 0.0 30.0

'ear	3	Semester	11
Cui	·	oemester	П

Juli o Jeinestei II					20		N	lum	iber of	f week	(S	12
Discipline Adapted physical activities	Туре	Category	H Course	ours/v Sem		Pract.	Credit	'S *) Exam	2.5	Hours to	75.5707.050
Body expression and eurhythmy	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	_	<u> </u>	24.0		7777
Pachet I	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0		Ē	12.0	24.0	0.0
Motor leisure activities-badminton	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	_	E	12.0	24.0	0.0
Fitness and aerobics	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0		E	12.0	24.0	0.0
Ethics and Academic Integrity	Untranslated Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	-	E	12.0	24.0	0.0
Theory and practice of sports fields - Fencing	Untranslated	Untranslated Untranslated	2.0	0.0	1.0	0.0	5.0		С	24.0	12.0	0.0
Internship in educational institutions	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0		<u>E</u>	24.0	24.0	0.0
Total semester:			0.0 8.0	0.0	W. S	42.0	5.0		<u> </u>	0.0	0.0	42.0
			0.0	U,U	9.0	0.0	30.0			96.0	108.0	42.0