

CURRICULUM

Year 1	Semester I	Discipline	Type	Category	Hours/week			Credits	*) Exam. type	Number of weeks				
					Course	Sem	Lab Pract.			Course	Sem+L	Pract		
		Functional anatomy	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	--	E	28.0	28.0	0.0
		Foundations of athletics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
		Scientific fundamentals of sport games -basketball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
		Scientific fundamentals of team sports - volleyball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
		Scientific fundamentals of team sports - football	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
		Limbă străină	Untranslated	Untranslated	0.0	2.0	0.0	0.0	2.0	--	C	0.0	28.0	0.0
		English Language	Untranslated	Untranslated	0.0	2.0	0.0	0.0	2.0	--	C	0.0	28.0	0.0
		French Language	Untranslated	Untranslated	0.0	2.0	0.0	0.0	2.0	--	C	0.0	28.0	0.0
		Theory and practice of winter sports - Ski	Untranslated	Untranslated	2.0	0.0	0.0	0.0	2.0	--	C	28.0	0.0	0.0
		Practical applications of subjects winter sports	Untranslated	Untranslated	0.0	0.0	0.0	28.0	2.0	--	V	0.0	0.0	28.0
		Total semester:			12.0	2.0	10.0	0.0	30.0			168.0	168.0	28.0

Discipline	Type	Category	Hours/week			Credits *)	Exam.	Hours total				
			Course	Sem	Lab			Pract.	typeCourse	Sem+L	Pract	
Kinesiology	Untranslated	Untranslated	2.0	0.0	1.0	0.0	4.0	--	E	28.0	14.0	0.0
Physiology	Untranslated	Untranslated	2.0	0.0	1.0	0.0	3.0	--	E	28.0	14.0	0.0
Health education and first aid	Untranslated	Untranslated	1.0	0.0	2.0	0.0	3.0	--	C	14.0	28.0	0.0
Theory and methods of Physical Education and Sport	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Basic gymnastics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Scientific fundamentals of team sports - handball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Movement leisure activities - hiking	Untranslated	Untranslated	2.0	0.0	2.0	0.0	3.0	--	C	28.0	28.0	0.0
Internship in tourism activities	Untranslated	Untranslated	0.0	0.0	0.0	28.0	2.0	--	V	0.0	0.0	28.0
Total semester:			13.0	0.0	12.0	0.0	30.0			182.0	168.0	28.0

Discipline	Type	Category	Hours/week				Credits	*) Exam.	Hours total			
			Course	Sem	Lab	Pract.			Course	Sem+L	Pract	
Theory and practice of athletics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	--	E	28.0	28.0	0.0
Theory and practice in sport fields - table tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	--	E	28.0	28.0	0.0
Methodology of teaching volleyball at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Methodology of teaching handball at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Methodology of teaching gymnastics at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Pachet I	Untranslated	Untranslated	2.0	0.0	2.0	0.0	2.0	--	C	28.0	28.0	0.0
Theory and practice in sport fields - bodybuilding/fitness	Untranslated	Untranslated	2.0	0.0	2.0	0.0	2.0	--	C	28.0	28.0	0.0
Theory and practice in sport fields - tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	2.0	--	C	28.0	28.0	0.0
Practices and methods of movement activities by age groups	Untranslated	Untranslated	1.0	0.0	1.0	0.0	3.0	--	C	14.0	14.0	0.0
Internship in organizing sports and recreational activities.	Untranslated	Untranslated	0.0	0.0	0.0	28.0	2.0	--	V	0.0	0.0	28.0
Total semester:			15.0	0.0	15.0	0.0	32.0			210.0	210.0	28.0

Discipline	Type	Category	Hours/week				Credits *)	Exam. type	Hours total			
			Course	Sem	Lab	Pract.			Course	Sem+L	Pract	
Methodology of teaching Athletics at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Methodology of teaching football at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Methodology of teaching basketball at school	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Theory and practice of gymnastics branches-artistic performance	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	--	E	28.0	28.0	0.0
Theory and practice of rhythmic gymnastics branches	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	--	E	28.0	28.0	0.0
Theory and practice of water sports - swimming	Untranslated	Untranslated	2.0	0.0	0.0	0.0	2.0	--	C	28.0	0.0	0.0
Practical applications of water sports - swimming	Untranslated	Untranslated	0.0	0.0	0.0	42.0	2.0	--	V	0.0	0.0	42.0
Physical Education and Sport history	Untranslated	Untranslated	1.0	0.0	1.0	0.0	3.0	--	C	14.0	14.0	0.0
Management applied in Sports Science and Physical Education	Untranslated	Untranslated	1.0	0.0	1.0	0.0	3.0	--	C	14.0	14.0	0.0
Total semester:			13.0	0.0	11.0	0.0	30.0			182.0	154.0	42.0

Discipline	Type	Category	Hours/week				Credits	*) Exam.	Hours total			
			Course	Sem	Lab	Pract.			typeCourse	Sem+L	Pract	
Motor and somatosensory functional evaluation	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Foundations of sports training	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	--	E	28.0	28.0	0.0
Research methods	Untranslated	Untranslated	2.0	0.0	1.0	0.0	3.0	--	C	28.0	14.0	0.0
Theory and practice in sports of expression - DanceSport	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	--	E	28.0	28.0	0.0
Theory and practice in combat sports - judo, wrestling	Untranslated	Untranslated	2.0	0.0	2.0	0.0	4.0	--	E	28.0	28.0	0.0
Pachet I	Untranslated	Untranslated	1.0	0.0	2.0	0.0	3.0	--	C	14.0	28.0	0.0
PES marketing	Untranslated	Untranslated	1.0	0.0	2.0	0.0	3.0	--	C	14.0	28.0	0.0
Organizing competitions in sport	Untranslated	Untranslated	1.0	0.0	1.0	0.0	3.0	--	C	14.0	14.0	0.0
Metodica antrenamentului pe ramură de sport	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-Athletism	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-Basketball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-bodybuilding/Fitness	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-dance	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-Football	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-Gymnastics	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-Handball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-judo	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-Fencing	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields- tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-Table tennis	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Training methods by sports fields-Volleyball	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	--	E	28.0	28.0	0.0
Internship in recreation facilities	Untranslated	Untranslated	0.0	0.0	0.0	42.0	2.0	--	V	0.0	0.0	42.0
Total semester:			13.0	0.0	13.0	0.0	30.0			182.0	182.0	42.0

Discipline	Type	Category	Hours/week				Credits	*) Exam.	Number of weeks			
			Course	Sem	Lab	Pract.			Exam. type	Hours total Course	Sem+L	Pract
Adapted physical activities	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	-	E	24.0	24.0	0.0
Body expression and eurhythmmy	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	-	E	12.0	24.0	0.0
Pachet I	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	-	E	12.0	24.0	0.0
Motor leisure activities-badminton	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	-	E	12.0	24.0	0.0
Fitness and aerobics	Untranslated	Untranslated	1.0	0.0	2.0	0.0	5.0	-	E	12.0	24.0	0.0
Ethics and Academic Integrity	Untranslated	Untranslated	2.0	0.0	1.0	0.0	5.0	-	C	24.0	12.0	0.0
Theory and practice of sports fields - Fencing	Untranslated	Untranslated	2.0	0.0	2.0	0.0	5.0	-	E	24.0	24.0	0.0
Internship in educational institutions	Untranslated	Untranslated	0.0	0.0	0.0	42.0	5.0	-	V	0.0	0.0	42.0
Total semester:			8.0	0.0	9.0	0.0	30.0			96.0	108.0	42.0