UNIVERSITY OF CRAIOVA
Faculty of PHYSIAL EDUCATION AND SPORT
Departament: THEORY AND METHODOLOGY OF MOTOR ACTIVITIES (D05)
Studying program: PHYSIAL EDUCATION AND SPORT (ESC)
Studying program: PHYSIAL EDUCATION AND SPORT (ESC)

APROBAT începând cu anul universitar 2019-2020

First Semester	No. week./sem. ≠ 14	Second semesterI

Teaching Plan – First Year (2019-2020)

Course	Cod	FDSC	OBOPF	Opt. 0/≥1	C1	S1	L1	P1	CT1	FV1	C2	S2	L2	P2	CT2	FV2
Disciplines																
Motor and somatosensory functional evaluation	D05ESCL534	D	OB	1	2		2		4	E						
General fundamentals of sports training	D05ESCL535	C	OB	1	2		1		4	E						
Research methods	D05ESCL536	C	OB	1	2		1		4	C						
Theory and practice in sports of expression – DanceSport	D05ESCL537	D	OB	1	2		2		4	E						
Practices and methods of movement activities by age groups	D05ESCL538	S	OB	1	2		2		5	E						
Theory and practice in combat sports-judo	D05ESCL539	D	OB	1	2		2		4	E						
Body expression and eurhythmy-optional	D05ESCL540	C	OP	1	1		2		3	C						
Fitness	D05ESCL541	C	OP	0	1		2		3	C						
Internship in recreation facilities	D05ESCL542	S	OB	1			4		2	V						
Adapted physical activities	D05ESCL643	S	OB	1							2		2		4	E
Use of specialized software in EFS	D05ESCL644	C	OB	1							1		2		3	C
Training methods by sports fields- A / TT / H / B / J / V / G / F / S	D05ESCL645	D	OP	1							2		2		4	E
Motor leisure activities-badminton	D05ESCL646	S	OB	1							2		1		4	E
Aerobic Gymnastics for maintenance - optional	D05ESCL647	S	OP	1							1		2		3	C
Theory and practice in fields of gymnastics - acrobatic - optional	D05ESCL648	S	OP	0							1		2		3	C
Design of sports facilities	D05ESCL649	S	OB	1							2		1		3	E
Theory and practice in sports fields - Fencing	D05ESCL650	D	OB	1							2		1		4	E
The organization and leadership of sport structures - optional	D05ESCL651	S	OP	1							2		1		3	C
Marketing in PES - optional	D05ESCL652	S	OP	0							2		1		3	C
Stagiu de pregătire și elaborare a lucrării de licență	D05ESCL653	D	OB	1									2		2	V
Susținerea lucrării de licenta				0											10	E
TOTAL					13	0	16	0	30		14	0	14	0	30	

RECTOR,
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Faculty of PHYSIAL EDUCATION AND SPORT
Departament: THEORY AND METHODOLOGY OF MOTOR ACTIVITIES (D05)
Domain:PHYSIAL EDUCATION AND SPORT
Studying program: PHYSIAL EDUCATION AND SPORT (ESC)

APROBAT începând cu anul universitar 2019-2020

First Semester	No. week./sem. ≠ 14	Second semesterI

Teaching Plan – Second Year (2020-2021)

Course	Cod	FD	DS	C	OB	OP	F	Opt. 0/≥1	C1	S1	L1	P1	CT1	FV1	C2	S2	L2	P2	CT2	FV2
Disciplines																				
Theory and practice of athletics	D05ESCL316	D			OB			1	2		2		5	E						
Theory and practice in gymnastics branches - rhythmic	D05ESCL317	D			OB			1	2		2		5	E						
Methodology of teaching volleyball at school	D05ESCL318	S			OB			1	2		2		4	E						
Methodology of teaching handball at school	D05ESCL319	S			OB			1	2		2		4	E						
Methodology of teaching gymnastics at school	D05ESCL320	S			OB			1	2		2		4	E						
Theory and practice in sports fields - tennis - optional	D05ESCL321	D			OP			1	1		1		3	C						
Theory and practice in sports fields – bodybuilding- optional	D05ESCL322	D			OP			1	1		1		3	C						
Games for movement activities - optional	D05ESCL323	D			OP			0	1		1		3	C						
Internship in tourism activities	D05ESCL324	S			OB			1			4		2	V						
Methodology of teaching Athletics at school	D05ESCL425	S			OB			1							2		2		4	E
Methodology of teaching Athletics at school	D05ESCL426	S			OB			1							2		2		4	E
Methodology of teaching Athletics at school	D05ESCL427	S			OB			1							2		2		4	E
Theory and practice in gymnastics branches- artistic	D05ESCL428	D			OB			1							2		2		5	E
Theory and practice in sports fields - table tennis	D05ESCL429	D			OB			1							2		2		5	E
Practical applications of water sports - swimming	D05ESCL430	D			OB			1									3		2	V
Theory and practice in water sports - swimming	D05ESCL431	D			OB			1							2				3	E
Management applied in PES - optional	D05ESCL432	C			OP			1							2		2		3	C
History of physical education	D05ESCL433	C			OP			0							2		2		3	C
TOTAL									12	0	16	0	30		14	0	15	0	30	

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APROBAT începând cu anul universitar 2019-2020

First Semester	No. week./sem. ≠ 14	Second semesterI

Teaching Plan – Third Year (2021-2022)

Course	Cod	FDSC	OBOPF	Opt. 0/≥1	C1	S1	L1	P1	CT1	FV1	C2	S2	L2	P2	CT2	FV2
Disciplines																
Motor and somatosensory functional evaluation	D05ESCL534	D	OB	1	2		2		4	E						
General fundamentals of sports training	D05ESCL535	C	OB	1	2		1		4	E						
Research methods	D05ESCL536	C	OB	1	2		1		4	C						
Theory and practice in sports of expression – DanceSport	D05ESCL537	D	OB	1	2		2		4	E						
Practices and methods of movement activities by age groups	D05ESCL538	S	OB	1	2		2		5	E						
Theory and practice in combat sports-judo	D05ESCL539	D	OB	1	2		2		4	E						
Body expression and eurhythmy-optional	D05ESCL540	C	OP	1	1		2		3	C						
Fitness	D05ESCL541	C	OP	0	1		2		3	C						
Internship in recreation facilities	D05ESCL542	S	OB	1			4		2	V						
Adapted physical activities	D05ESCL643	S	OB	1							2		2		4	E
Use of specialized software in EFS	D05ESCL644	C	OB	1							1		2		3	C
Training methods by sports fields- A / TT / H / B / J / V / G / F / S	D05ESCL645	D	OP	1							2		2		4	E
Motor leisure activities-badminton	D05ESCL646	S	OB	1							2		1		4	E
Aerobic Gymnastics for maintenance - optional	D05ESCL647	S	OP	1							1		2		3	C
Theory and practice in fields of gymnastics - acrobatic - optional	D05ESCL648	S	OP	0							1		2		3	C
Design of sports facilities	D05ESCL649	S	OB	1							2		1		3	E
Theory and practice in sports fields - Fencing	D05ESCL650	D	OB	1							2		1		4	E
The organization and leadership of sport structures - optional	D05ESCL651	S	OP	1							2		1		3	C
Marketing in PES - optional	D05ESCL652	S	OP	0							2		1		3	C
Stagiu de pregătire și elaborare a lucrării de licență	D05ESCL653	D	OB	1									2		2	V
Susținerea lucrării de licenta				0											10	E
TOTAL					13	0	16	0	30		14	0	14	0	30	

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