

## STOICA Doru

### PERSONAL INFORMATION



Str. Aleea 1 Teilor nr. 4J, Dolj County, Romania

0720/443322

doru\_stoica\_2005@yahoo.com

Sex male | Date of birth 26.09.1974 | Nationality Romanian

### POSITION

**Associate Professor, PhD –University of Craiova, Faculty of Physical Education and Sport, Department of Theory and Methodology of Motor Activities**

Brestei Street No. 156, Postal Code 200585, Craiova, Dolj, Romania, Tel. 0251422743, Fax: 0251422743

### WORK EXPERIENCE PROFESSOR

2025  
2012 – present

**Qualified in the doctoral field of study: Sport Science and Physical Education**

**Associate Professor, PhD –University of Craiova, Faculty of Physical Education and Sport, Department of Theory and Methodology of Motor Activities**

Brestei Street No. 156, Postal Code 200585, Craiova, Dolj, Romania, Tel. 0251422743, Fax: 0251422743

**Courses taught:**

**Bachelor's:** Scientific Fundamentals of Football, Specialization in a Sport Branch – Football, Sports, Facility Management.

**Master's: Performance in Sport:** Theory and Practice in Performance Sport – Football.

**Master's: Curricular and Extracurricular Motor Activities** - Technical – Tactical Preparation in Football, School Sports Facility Management and Equipment.

**University Lecturer – University of Craiova, Faculty of Physical Education and Sport, Department of Theory and Methodology of Motor Activities.**

**University Assistant - University of Craiova, Faculty of Physical Education and Sport.**

**University Preparator - University of Craiova, Faculty of Physical Education and Sport.**

2004 – 2012

2001 – 2004

2000 – 2001

### WORK EXPERIENCE COACH

2017 – 2022

**Physical Trainer – “ Gică Popescu” C.S. Football Academy**

2013 – 2017

**Technical Director - “ Gică Popescu” C.S. Football Academy**

2006 – 2013

**Coach - “ Gică Popescu” Football School / “ Gică Popescu” C.S. Football Academy**

2003 – 2007

**Technical Director - F.C. Universitatea FEFS Craiova**

2000 – 2006

- **Coach - F.C. Universitatea FEFS Craiova**

1996 – 2000

- **Founding Member** of Universitatea FEFS Craiova
- **Founding Member** of “ Gică Popescu” Football School
- **Coach - “ Gică Popescu” Football School**

#### Noable Athletes Trained:

- **Ghindeanu Robert Daniel** – member of F.C. National, Pandurii Tg. Jiu, U Craiova, Progresul București, C.S. Mioveni, F.C. Olt Slatina
- **Verdeș Bobi** – member of U. Craiova, Pandurii Târgu Jiu, Oțelul Galați, F.C. Argeș Pitești, F.C.M. Bacău, Unirea Alba Iulia, Gloria Buzău, Chindia Târgoviște, Progresul București, A.S.A. Târgul Mureș, Dacia Mioveni, Flacăra Horezu.
- **Ovidiu Burcă** – member of U Craiova, Dinamo Bucuresti, Rapid Bucuresti, C.S. Emelet, Jet, United, Ventforet Kofu, Energie Cottbus, Poli Timișoara.

## EDUCATION AND TRAINING

2016 - 2017

**U.E.F.A B. FOOTBALL LICENSE** – Romanian Football Federation/ UEFA Coaching Convention.

1998 - 2005

**Ph.D.** in Physical Education and Sport, specialization in Physical Education and Sport – National Institute of Physical Education and Sport of the Republic of Moldova.

- **Thesis Title: “Formation of the Personality of Secondary School Students with a Specialized Football Profile”;** scientific supervisor: Professor Sergiu Danail, Ph. D. in Pedagogical Sciences.
- On December, 22<sup>nd</sup>, 2005, the National Council for Accreditation and Attestation of the Republic of Moldova issued the Ph.D. diploma in Pedagogical Sciences following the defense of the doctoral thesis before the Specialized Scientific Council D 40.13.00.04 – 22 at the National Institute of Physical Education and Sport on October, 31<sup>st</sup>, 2005.
- On June, 22<sup>nd</sup>, 2006, The Ministry of Education and Research certified the Ph.D. Diploma, Series DR no.0204, issued by the National Council for Accreditation and Attestation of the Republic of Moldova, equating it with the Ph.D Diploma in Physical Education and Sport

2015 - 2016

**PHYSICAL TRAINER** in Football, Bucharest National University of Physical Education and Sport, postgraduate courses for continuous professional training and development.

1993 - 1996

**Physical Education and Sport Teacher**, Third-Class Coach, Specialization: Physical Education and Sport – Football / Bachelor’s Degree / Coach License – University of Craiova, Faculty of Sciences – Department of Physical Education and Sport.

- **Main subjects studied:** Anatomy, Theory of Physical Education and Sport (PES), Methodology of PES, Theory of Sports Training, Theory of Methodology of Teaching Football.
- **Acquired professional skills:**
  - knowledge of the theory and methodology of physical education and sport;
  - understanding the psychology of students and athletes;
  - proficiency in teaching Physical Education and Sport in schools and training football athletes of all ages;
  - modular design and planning of core content in physical education, sports, and performed sports with an interdisciplinary focus;
  - organizing an integrated curriculum and learning environment with an interdisciplinary emphasis, assessing physical growth and development and motor skills according to the specific objectives of physical education and sport by age groups;
  - evaluating the readiness level of physical education and sports activity practitioners;
  - using management and marketing elements specific to the field.

## PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

Replace with language

English

French

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
Enter level	Enter level	Enter level	Enter level	Enter level
LISTENING		READING	SPEAKING	WRITING
C1		C1	C1	B2
LISTENING		READING	SPEAKING	WRITING
B2		B2	B2	B2

## Communication skills

- good communication skills gained through my experience as a coach and associate professor;
- team-player work to achieve good collaboration with colleagues;
- ability to adapt to multicultural environments obtained through studies conducted abroad;
- a good knowledge of students, people, and special life situations;
- the ability to interact optimally;
- excellent adaptability to the social context;
- a good written expression;

## Organisational/managerial skills

- Organizer of the University Football Championship in Craiova (University Cup, Ion Rinderu Cup, Ion Dobrițoiu Cup, etc.)
- Selector of the football team of the University of Craiova — Triple National University Champion (Timisoara 2006, 2007, 2008 editions), and abroad (1<sup>st</sup> place in 2000 and 2<sup>nd</sup> place in 2001 at the International Sports Festival in Istanbul, Turkey).
- Founding member of “Gică Popescu” Football School
- Coach of “Gică Popescu” Football School, 1996-2004
- F.E.F.S Coach, Craiova, 2005-2008
- Coach of the groups of children born in 2014-2015 from “Gică Popescu” Football Academy
- Physical trainer of “Gică Popescu” Football Academy leadership (currently responsible for a team of 10 people)

## Job-related skills

- practical and technical skills;
- a good knowledge of students and special life situations;
- the ability to interact optimally with students and colleagues;
- Flexibility to work program, adaptability in promoting voluntary actions.

## Computer skills

- good command of Microsoft Office™ tools

## Driving licence

- Driving licence category:
- B

## ADDITIONAL INFORMATION

Publications
Presentations
Projects
Conferences
Seminars
Honours and awards
Memberships
References

- Elaboration of methodologies and strategies for training the football game for children and juniors used by several centers for children and juniors in Craiova and Slatina;
- over 100 articles of scientific research published in the country and abroad;
- 20 scientific literature books;
- Member of two national and international projects;
- Director of the institutional development grant (Erasmus+): Erasmus Project: Innovation and Dynamic Learning for Caregivers, Social Workers, and Trainers specialized in Physical Education of Elders, through a Cross – Sectorial Approach of Both CVT Fields.
- Project Identification Code: 2022-1-RO01-KA220-VET-000089776
- Beneficiary (coordinating institution): Global Help Association Craiova,
- UCv Project Manager: Doru Stoica, Faculty of Physical Education and Sport
- Implementetion Period: 14.10.2024 – 134.10.2024
- Total Project Budget: 250,000 Euros
- Allocated Budget for Ucv: 43,208 Euros.

- In collaboration with the research team from Rowan University in New Jersey, USA, I developed an educational software for visualizing technical data regarding the evolution and interpretation of the technical-tactical executions of elements and procedures specific to field players in terms of the quality of their technical execution through all their procedures – **SOCCER SCOOP** developed in 2010.
- One year later, I developed another educational software for visualizing technical data regarding the evolution and interpretation of the technical-tactical executions of elements and procedures specific to goalkeepers in football. This software helps to track the performance of goalkeepers in terms of the quality of their technical execution through all their processes – **GOALIE VIEWER** was designed in 2011;

#### Research projects

- In my professional activity I participated as a member in the Leonardo da Vinci research project RO / 2005 / PL95 187 / S - Mobility - "Development of European Competencies in Alternative Tourism", project, 26,800 Euro. The project focused on cultural (including religious) tourism, tourism and social services. The novelty consisted in promoting and developing new forms of tourism for which the acquisition of new theoretical knowledge and practical skills is intended.
- In 2008 I participated as a member of the IDEI program, at the level of the entire Oltenia area for Children and Junior Centers. I have done special efforts with other colleagues for its future funding, within the projects supported by CNCSIS at the European level. Project title: "Improving the Performance of Junior Footballers by introducing specific elements of communication into training", an eligible project appreciated by CNCSIS with 80.50 points.
- In 2012 I participated as a lecturer in the project GRUNDTVING, Partnerships for learning, "Neuromuscular diseases: professional parents and patients" NMD, GRU-11-C-LP-16-DJ-RO, contract 162 / 24.08.2011.
- In 2013 I participated as a reader in the project "Mutual caring - from knowledge to action" GRUNDTVING LEARNING PARTNERSHIP 2013-1-RO1-GRU06-29473 1.
- 1<sup>st</sup> Place in the National University Football Championship with the FEFS team of the University of Craiova – Timisoara, Romania, 2006, 2007, 2008;
- 1<sup>st</sup> Place in the International Football Championship held during the International Sports Festival in Istanbul, Turkey, 2003;
- 2<sup>nd</sup> and 3<sup>rd</sup> Place in the International Football Championship held during the International Sports Festival in Istanbul, Turkey, 2000, 2001;
- 2<sup>nd</sup> Place at the Ghe.Ola Cup, a mini-football competition organized for children in Pitesti, Romania, 1996

## Lista celor 10 lucrări reprezentative publicate

1. Trăistaru, M.R., Cealicu, M., Matei, D., Matei, M.A., Anghelina, L., **Stoica D.** (2025). Chronic Implications of Bilateral Foot Pattern Variability in Schoolchildren.  
<https://www.mdpi.com/2227-9032/13/20/2586> *Healthcare* **2025**, 13(20), 2586; **F.I. 2,7**  
<https://doi.org/10.3390/healthcare13202586>
2. Hip osteoarthritis in ex-amateur football players – assessment and rehabilitation. **Doru Stoica**, Constantin Kamal, Diana Kamal and Mirela Radu Balneo and PRM Research Journal. 2025;16(2):811 Full Text DOI 10.12680/balneo.2025.811 **F.I. 1,1**  
<https://bioclima.ro/Balneo811.pdf>
3. Tibial tuberosity maturation assessment by ultrasonography and screening for Osgood–Schlatter disease in male and female children and adolescent athletes: a cross-sectional study. Stefan Cristian Dinescu, **Doru Stoica\***, Cristina Elena Bită, Aritina Morosanu, Nicoara Andreea-Iulia, Cirstei Mihaela, show all Pages 512-524 | Received 02 Jan 2024, Accepted 09 Mar 2025, Published online: 17 Mar 2025 Cite this article **F.I. 2,62**.  
<https://doi.org/10.1080/15438627.2025.2479154>
4. Dinescu Ș.C., **Stoica, D.**,\* Bită C.E., Nicoara, A.I., Cîrstei, M., Staiculescu M.A., Vreju, F. (2023). Applications of artificial intelligence in musculoskeletal ultrasound: narrative review. *Volumul 10-2023*.  
<https://doi.org/10.3389/fmed.2023.1286085> **F.I. 3,9**  
[https://www.frontiersin.org/articles/10.3389/fmed.2023.1286085/full?utm\\_source=Email\\_to\\_authors&utm\\_medium=Email&utm\\_content=T1\\_11.5e1\\_author&utm\\_campaign=Email\\_publication&field=&journalName=Frontiers in Medicine&id=1286085](https://www.frontiersin.org/articles/10.3389/fmed.2023.1286085/full?utm_source=Email_to_authors&utm_medium=Email&utm_content=T1_11.5e1_author&utm_campaign=Email_publication&field=&journalName=Frontiers%20in%20Medicine&id=1286085)
5. Statescu, C., **Stoica, D\***, Georgescu, C.V., Gavrilă B.I., Popescu, M.N., Traistaru M.R., Caluianu, E.I., Balseanu, T.A.. (2022). Osteoarthritis induces gender-related changes in the knee range of motion. *Rom J Morphol Embryol*, 63(2):449–457. doi: 10.47162/RJME.63.2.16. **F.I. 0.833**  
<https://rjme.ro/RJME/resources/files/630222449457.pdf>
6. Diaconu, R., Dumitrescu, F., Stoica, L., Diaconu, C., Dobrescu, M., Glodeanu, A. **Stoica, D.** (2021). Electrochemical monitoring of bronchial inflammation in pediatric athletes: A prospective study. *Experimental and Therapeutic Medicine*, 23, 180. **F.I. 2.75**. <https://doi.org/10.3892/etm.2021.11103>  
<https://www.spandidos-publications.com/10.3892/etm.2021.11103>
7. **Stoica, D.**, Barbu, D. (2025). Analysis of effects of specific football training on the development of motor skills in juniors aged 12-13 years old. *Bulletin of the Transilvania University of Brașov Series IX: Sciences of Human Kinetics*, Vol. 18(67), No. 1, p. 101-109. <https://doi.org/10.31926/but.shk.2025.18.67.1.12>  
[https://webbut.unitbv.ro/index.php/Series\\_IX/article/view/10322/6467](https://webbut.unitbv.ro/index.php/Series_IX/article/view/10322/6467)
8. Barbu, D., Nanu, M.C., Albină, C., **Stoica, D.** (2024). Improving playing speed - methodological guidelines for training 7-10-year-old football players. *Sport și Society, Interdisciplinary Journal of Physical Education and Sports* Volume 24, Issue 2(2024). <https://www.sportsisocietate.ro/articol/712>
9. **Doru Stoica**, Dumitru BARBU, Mihaela Zăvăleanu\*, Cătălin FORȚAN, Marian Alexandru COSMA (2024) Fitness education and training for elderly population *Journal of Sport and Kinetic Movement No.43, Vol.I/2024*  
<https://www.jskm.ro/images/pdfs/43voli/fitness-education-and-training-for-elderly-population.pdf>
10. Ciocănescu, D., Stăncescu, C., **Stoica, D.**,\* Forțan, C. (2023). Football players' abilities – the essential condition for an effective game system. *Journal of Sport and Kinetic Movement*, No. 42, (2), 23-29.  
<https://www.jskm.ro/images/pdfs/42volii/football-players-abilities-the-essential-condition-for-an-effective-game-system.pdf>