

## INFORMAȚII PERSONALE



## Barbu Dumitru

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Sex M | Date of birth 28/05/1970 | Nationality romanian

## ACADEMIC POSITION / POSITION HELD

- **Vice-Dean** for Research and Relations with the Economic Environment – Faculty of Physical Education and Sports.
- **Associate Professor (PhD)** – Faculty of Physical Education and Sports, Department of Theory and Methodology of Motor Activities, University of Craiova.

## WORK EXPERIENCE

**• Type or sector of activity: HIGHER EDUCATION**

2024–present / 2012–present  
2025 – present  
2002 – 2012  
1998 – 2002  
1995 – 1998  
1995

- Vice-Dean / Associate Professor (PhD);
- PhD Supervisor – Doctoral School of Social Sciences and Humanities of UCV;
- Lecturer, Faculty of Physical Education and Sport;
- Assistant Lecturer, Faculty of Physical Education and Sport;
- Teaching Assistant, Faculty of Physical Education and Sport.
- Physical Education and Sport Teacher - "Frății Buzăști" National College, Craiova.
- University of Craiova (<https://www.ucv.ro/index.php>), Str. A. I. Cuza no.13, Craiova, Romania;
- Faculty of Physical Education and Sport (<https://efs.ucv.ro/>), str. Bresteui, no. 146, Craiova, Romania.

*Courses taught:*

- *Bachelor's degree:* Scientific foundations of the game of football, Methodology of teaching the game of football in school, Methodology of training in the sport branch-football, General bases of sports training.
- *Master - Performance in sports:* Theory and practice in performance and high-performance sports-football, Means and methods of sports training, Theory of competition, Monitoring the sports training.
- *Master - Extracurricular and curricular motor activity:* Technical-tactical preparation in the game of football.

## EDUCATION AND TRAINING

2024

- Habilitation certificate in Sport Science and Physical Education, Doctoral School of Social Sciences and Humanities of UCV;

2016

- PROJECT MANAGER Certificate, TOPGES Consulting SRL, Craiova, Dolj - registered in the National Register of Adult Vocational Training Providers with no. 16/353/23.05.2015 - Graduation Certificate series K no. 00023274.

2000-2006

- PhD in Sport Science and Physical Education.
- *Thesis title:* "Increasing the efficiency of training (training and education) of pre-adolescent and adolescent football players, by improving leadership and communication relationships between coach and athlete"; scientific coordinator: prof. dr. psych. Mihai Epură, Doctor Honoris Causa.
- Order of the Minister of Education and Research no. 4871 of 08/07/2006.
- National Academy of Physical Education and Sports, Bucharest.

nivelul 8 EQF

- *Main subjects studied:* Research methodology and statistics, Age psychology, Psychology of motor and sociomotor learning, Psychology of communication and the personality of the football player.

1991-1995

- Bachelor Degree in Physical Education, Coach category III, Specialization: Physical Education and Sports – Football.
- University of Craiova, Faculty of Sciences - Physical Education and Sports section.
- *List of main subjects studied:* Theory and methodology of Physical Education and sports, General bases of sports training, Anatomy and physiology of effort, Football: scientific foundations, teaching methodology in school, teaching methodology in performance football.

nivelul 6 EQF

Member of some basic bodies within the University structure and national bodies of the university environment

- ★ FEFS Craiova Faculty Council 1992-2012; 2019 - present;
- ★ President of CEAC FEFS;
- ★ President of the Committee for Cultural and Sports Activities of the UCV Senate;
- ★ Senate of the University of Craiova - 2019-present;
- ★ Romanian Sports Science Council;
- ★ Editorial Board of the Journal of Sport and Kinetic Movement;
- ★ International Organization for Health, Sport and Kinesiology (IOHSK).

Organizational/  
managerial/  
communication skills FEFS

- ★ Vice-Dean for Research and Economic Relations FEFS Craiova;
- ★ Member of the doctoral and habilitation committees of UNEFS Bucharest and FEFS Craiova;
- ★ Member of the Organizing Committee of the Annual International Conference "Physical Exercise - a Complex and Modern Way to Promote a Healthy Life".
- ★ Member of the committees for the promotion of teaching staff in the positions of tutor, university assistant and associate professor;
- ★ Scientific leader of the pre-university teaching staff for obtaining the first didactic degree;
- ★ Member of the Board of Directors of the Pro EFS Craiova Sports Association.

## WORK EXPERIENCE

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### • Type or sector of activity: PERFORMANCE FOOTBALL

2021 – 2023	- Technical Director – Club Sportiv U Craiova S.A. (University of Craiova).
2017 – 2021	- Technical Director / Coach – Football Academy "Gică Popescu" Craiova.
2016 – 2017	- Technical Director - Club Sportiv U Craiova S.A. (University of Craiova).
2014 – 2016	- Technical Coordinator U12-U7 / Coach (2014-2016) - Club Sportiv U Craiova S.A. (University of Craiova).
1996 – 2000 / 2006 – 2014	- Coach - Football School "Gică Popescu".
1997	- Coach - Constructorul "Universitatea" Craiova.
2006	- Coach - F.C. Universitatea FEFS Craiova.

## EDUCATION AND TRAINING

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2017 – 2018	- Professional Qualification Certificate – TRAINER. Romanian Football Federation/ football coach certificate series L no. 00155379 – organized by S.C.SCHULTZ Consulting SRL, Bucharest, Sector 4, registered in the National Register of Adult Professional Training Providers with no. 40/3324/29.05.2014.
2017 – 2018	- UEFA A ELITE JUNIOR Licence - Football. Romanian Football Federation. UEFA Coaching Convention.
2014 – 2016	- UEFA A Football Licence. Romanian Football Federation. UEFA Coaching Convention;
2013	- Graduation Certificate: Training and Awareness Program in Quality Assurance in Distance Learning - ID. Spiru Haret University, in partnership with Satu Mare Commercial Academy and TUV Austria – Romania. European Social Fund – POSDRU/86/2/S/60720 – Project.
2002 – 2004	- UEFA B Football Licence. Romanian Football Federation. UEFA Coaches Convention.

Organizational/  
managerial/  
communication skills in  
performance football

- ★ President of the Technical Commission of AJF Dolj – 2014 – present;
- ★ Head of the Youth Football Development Section (Technical Director) CS Universitatea Craiova – 2016 – 2017; 2021 – 2023;
- ★ Technical Director and Member of the Executive Committee of the "Gică Popescu" Football Academy - 2017-2021;
- ★ Technical Coordinator of the Children and Juniors Center of CS Universitatea Craiova (2014-2016);
- ★ General Manager / Technical Director of FC Universitatea FEFS Craiova (2001-2006);
- ★ Founding Member of the "Gică Popescu" Football School;
- ★ Founding Member of FC "Universitatea FEFS" Craiova; Member of the Executive Committee of the Coordination Council of the Center for Children and Juniors of the CSJ "Ştiinţa U" Craiova (2005-2007), within the Dolj County Council;
- ★ Evaluator Professor for the Elite Junior Licence - Romanian Football Federation;
- ★ FRF Lecturer - TRAINER professional qualification certificate - supporting training courses for Romanian football coaches . FRFLecturer –UEFA C Licence Course - AJF Dolj – 2017 - present.

- ★ Member of the Implementation Committee of the Strategy (methodology) for the work and training of junior footballers in Romania, organized by the Romanian Football Federation - Federal School of Coaches;
- ★ Responsible for developing methodologies and strategies for training children and junior footballers at some Children and Junior Centers in the Oltenia area;
- ★ More than 30 certificates obtained at training courses organized by the Federal School of Coaches within the Romanian Football Federation, over 200 hours;
- ★ FRF Coach - "Tournament of Hopes": Responsible for implementing a specific methodology for establishing the U15 National Team - generations 2004, 2005, 2006, 2007, 2008, 2009;
- ★ Assessor at the CCJ exams for coaches, organized by the Dolj County Council;
- ★ Coach of the football groups organized within the "Gillette Romania" advertising campaign in 2006, 2007, 2008, 2009, 2010.

**Computer skills**

- Good command of Office applications: Excel, Word, Power Point.

**Driving licence**

- B

**ADDITIONAL INFORMATION****Publications**

- 11 specialized books;

- Over 200 articles and scientific research papers published in Romania and abroad.

**Projects**

- Project Manager: Eu-Colpol Programme: Erasmus+ Sport.
- Project Director: "Implementation of colpol sport at European level as a tool for improving the quality of life of people with intellectual disabilities".

- Member of 8 national and international projects.

**Participation in sports competitions and places obtained  
*University football***

- ★ 1st place in the National University Football Championship, with the FEFS team of the University of Craiova - Timișoara Editions 2007, 2008, 2009.
- ★ 1st place - 2000 and 2nd place - 2001 at the International Sports Festival in Istanbul, Turkey, with the FEFS Craiova football team.

**Performance football**

*I participated with the athletes trained in the football championships organized by AJF and FRF from 1998 to the present and achieved the following results:*

- ★ 1st place (Romanian Champions) in the U18 Youth League, 2023 Edition, group 2005 of the Junior Children's Center of Craiova University – technical director (Youth-League qualification).
- ★ U18 Youth Super Cup, 2023 Edition, with the 2005 group of the Junior Children's Center of Craiova University – technical director.
- ★ 1st place (Romanian Champions) in the U17 Elite League, 2022 Edition, with the 2005 group of the Junior Children's Center of Craiova University – technical director.
- ★ 1st place (Romanian Champions) in the U16 Elite League, 2022 Edition, with the 2006 group of the Junior Children's Center of the University of Craiova – technical director.
- ★ 1st place (Romanian Champions) in the National Junior B Championship, 2017 Edition, with the 2000 group of the Junior Children's Center of the University of Craiova – technical director.
- ★ 2nd place in the U16 Elite League, 2023 Edition, with the 2007 group of the Junior Children's Center of the University of Craiova – technical director.
- ★ 2nd place - vice-champion of Romania, with the 1999 group of the "Gică Popescu" Football Academy – Hagi-Danone Cup (Timișoara, 2011);
- ★ 3rd place in the U15 Elite League, 2022 Edition, with the 2007 group of the Junior Children's Center of the University of Craiova – technical director.
- ★ 3rd place in the National Junior D Championship, 2012 Edition, with the 1999 group of the "Gică Popescu" Football School.
- ★ Dolj County Champion in the years: 2009 (group 1999 GP), 2011 (group 1999 GP), 2013 (group 1999 GP), 2015 (group 2002 CS Universitatea Craiova), in the first 12 teams in the county in the National Junior Championship C, 2014 Edition, with the 1999 group of the Football School "G.P.".

**Representative published works:**

1. Ion, L., Stepan, A.R., Munteanu, R.V., Cosma, M.A.C., Cosma, G.A., **Barbu, D.** (2025). The importance of individualized physical training in women's basketball at junior level in achieving sports performance. *Balneo and PRM Research Journal*, 2025;16(3):867 (IF – 1,1 în 2025). [Full Text DOI 10.12680/balneo.2025.867](https://doi.org/10.12680/balneo.2025.867)
2. Neag, I., Mihailă, I., Fleancu, L.J., Stancu, M., Potop, V., **Barbu, D.**, Păun, L.I., Mihai, I. (2025). Agility Development in Youth Soccer: The Efficacy of Fixed-Role Small-Sided Games. *Frontiers in Sports and Active Living*, Sec. *Sports Coaching: Performance and Development, Volume 7*. (IF – 2,3 în 2025). <https://doi.org/10.3389/fspor.2025.1593906>  
<https://www.frontiersin.org/journals/sports-and-active-living/articles/10.3389/fspor.2025.1593906/abstract>
3. Görner, K., Makarowski, R., Predoiu, R., Piotrowski, A., Predoiu, A., Bertollo, M., di Fronso, S., Malinauskas, R., Vazne, Z., Croitoru, D., Boe, O., Bitang, A., **Barbu, D.**, Miklósi, M., Kovács, K., and Vicente-Salar, N. (2023). Stress levels among winter swimmers, firefighters, martial arts athletes in Hungary, Italy, Latvia, Lithuania, Poland, Romania, Slovakia and Spain. *ARCH BUDO*, 19, 213-225. (IF. 1,4 în 2023). <https://archbudo.eu/index.php/latest-publication/2023-volume-19-v2>  
<https://archbudo.eu/index.php/latest-publication/2023-volume-19-v2/stress-levels-among-winter-swimmers-firefighters-martial-arts-athletes-in-hungary-italy-latvia-lithuania-poland-romania-slovakia-and-spain>
4. Cosma, G.A., Chiracu, A., Stepan A.R., **Barbu D.**, Brabiescu-Călinescu M.L., Voinea F., Ortănescu D., Tifrea C., Munteanu R.V. (2021). Job Insecurity and Work Meaning in Romanian Sports Coaches. *Applied Sciences*, 11(24). doi: 10.3390/app112411862. (IF – 2,838 în 2021). <https://www.mdpi.com/2076-3417/11/24/11862>
5. **Barbu, D.**, Nanu, M.C., Albină, C., Stoica, D. (2024). Improving playing speed - methodological guidelines for training 7-10-year-old football players. *Sport și Societate, Interdisciplinary Journal of Physical Education and Sports Volume 24, Issue 2*(2024).  
<https://www.sportisocietate.ro/articol/712>
6. **Barbu, D.**, Stoica, D. (2025). Analysis of effects of specific football training on the development of motor skills in juniors aged 12-13 years old. *Bulletin of the Transilvania University of Brașov Series IX: Sciences of Human Kinetics*, 18(67) No. 1, 101-109.  
[https://webbut.unitbv.ro/index.php/Series\\_IX/article/view/10322/](https://webbut.unitbv.ro/index.php/Series_IX/article/view/10322/)  
<https://doi.org/10.31926/but.shk.2025.18.67.1.12>
7. Albeanu, S.S., Dragomir, M., Nicolae, D., Iancu, A., **Barbu, D.** (2022). Developing the agility of junior football players through small side games (SSG) with high intensity. *Journal of Sport and Kinetic Movement*, 40(2), 4-12. <https://doi.org/10.52846/jskm/40.2022.1.1>
8. **Barbu, D.**, Barbu, M.C.R., Brabiescu-Călinescu, L., Cosma, G.A., Cosma, M.A., Zăvăleanu, M. (2021). Empowering, communication and motivation for people with intellectual disability in colpol sport practice. *Journal of Sport and Kinetic Movement*, 38(2), 4-13.  
<https://doi.org/10.52846/jskm/38.2021.1.1>
9. Barbu, M.C.R., Stepan, A.R., **Barbu, D.**, Fortan, C., Brabiescu-Călinescu, L., Cosma, M.A. (2021). Sports activities for people with down syndrome. University of Craiova, Faculty of Physical Education and Sport, Craiova, *Journal of Sport and Kinetic Movement*, 37(1), 35-51. <https://doi.org/10.52846/jskm/37.2021.1.5>
10. **Barbu, D.**, Barbu, M.C.R., Brabiescu-Călinescu, L., Cosma, G.A., Cosma, M.A., Zăvăleanu, M. (2021). Empowering, communication and motivation for people with intellectual disability in colpol sport practice. *Journal of Sport and Kinetic Movement*, 38(2), 4-13.  
<https://doi.org/10.52846/jskm/38.2021.1.1>
11. Barbu, M.C.R., Stepan, A.R., **Barbu, D.**, Fortan, C., Brabiescu-Călinescu, L., Cosma, M.A. (2021). Sports activities for people with down syndrome. University of Craiova, Faculty of Physical Education and Sport, Craiova, *Journal of Sport and Kinetic Movement*, 37(1), 35-51. <https://doi.org/10.52846/jskm/37.2021.1.5>
12. **Barbu, D.**, Stoica, D. (2020). Increasing the execution speed of offensive and defensive tactical actions in the football game at the time of transition. *Journal of Sport and Kinetic Movement*, 36(2), 5-13. <https://www.jskm.ro/images/pdfs/36volIII/INCREASING-THE-EXECUTION-SPEED-OF-OFFENSIVE-AND-DEFENSIVE-TACTICAL-ACTIONS-IN-THE-FOOTBALL-GAME-AT-THE-TIME-OF-TRANSITION.pdf>