



**Curriculum vitae
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Personal information

First name(s) / Surname(s) Shaao Mirela Vasilica

E-mail(s) mirelashaao@gmail.com; mirelashaao@yahoo.com

Nationality Romanian

Occupational field Lecturer at University of Craiova, Faculty of Physical Education and Sport, Theory and Methodology of the Motor Activities Department

Education and training

Dates 2008 - 2009

Title of qualification awarded - post-graduate course "Financing Opportunities in Romania's European Integration Process"

Name and type of organisation providing education and training University of Craiova, Faculty of Engineering and Management of the Technological Systems, Drobeta Turnu-Severin

Dates 2004 - 2007

Title of qualification awarded - PhD in *Physical Education and Sport*
- Thesis Title: "Strategies to Improve Precision and Constancy in Ball Passing to Team Leader by Means of DIRPAS-NS2006 System – Volleyball for Beginners"

Name and type of organisation providing education and training University of Pitesti, Romania

Dates 2000 - 2005

Title of qualification awarded - the courses of the *Faculty of Law*

Name and type of organisation providing education and training University of Craiova, Faculty of Law and Administrative Sciences "Nicolae Titulescu"

Dates 1997 - 2001

Title of qualification awarded - Bachelor's degree in *Kinethotherapy*

Name and type of organisation providing education and training University of Craiova, Faculty of Physical Education and Sport

Dates 1991 - 1995

Title of qualification awarded - Bachelor's degree in *Physical Education and Sport*

Name and type of organisation providing education and training University of Craiova, Faculty of Physical Education and Sport

Work experience

Dates Since 1.10.2006

Occupation or position held Lecturer

Name and address of employer University of Craiova, Faculty of Physical Education and Sport, 156 Brestei Street, Craiova, 200177, Romania, Tel: +4-025-142-2743

Dates 1995 - 2006

Occupation or position held Assistant professor

Name of employer University of Craiova, Faculty of Physical Education and Sport

Personal skills and competences

Language(s)

Mother tongue(s) Romanian

Other language(s)

Self-assessment	Understanding		Speaking		Writing
European level (*)	Listening	Reading	Spoken Interaction	Spoken Production	
French	B2	B2	B1	B1	B1
English	B1	B1	A2	A2	B1
Arabic	A1	-	A1	A1	-
Computer skills and competences					
Microsoft Windows operating system; Microsoft Office™; PhotoShop™; Internet.					
Topics of teaching					
Volleyball - Theory and Teaching Methodology. Didactics of the Adapted Sport. Modern Tendencies in Physical Education. Modern Methodological Orientation in Sports Training.					
Scientific experience					
46 - international (35) and national (11) conferences; 8 - international (3) and national (5) journals; 6 - books (1) and courses (5).					
Publications					
Selected list of publications	<p>1. Shaao M., Balan V. (2012). <i>Strategies of Optimizing the Motor Learning Process by Applying Means of Monitoring the Individual Evolution of Beginner Volleyball Players</i>. 4th World Conference on Educational Sciences, 02 - 05 February, Barcelona, Spain.</p> <p>2. Shaao M., Ertanhan M., Ilinca I. (2011). <i>Relative Study Concerning Somatic and Motor Profile of Female Volleyball Players Aged Between 13 and 15</i>. Journal of Romanian Sports Medicine Society, Supplement no.4/2011, ISSN 1841-0162, pp. 707 - 710.</p> <p>3. Shaao M. (2011). <i>Ways of Improving Volleyball Players' Technique by Means of Integrating DIRPAS-NS2006 System within Their Training</i>. 6th International Scientific Conference on Kinesiology "Integrative Power of Kinesiology", 8 - 11 September, Opatija, Croatia.</p> <p>4. Shaao M., Turcu S., Ilinca I. (2010). <i>Optimization Strategies of Technical Training in Volleyball Game</i>. 3rd Annual International Conference: "Physical Education, Sport and Health", 19 - 20 November, Pitesti, Romania.</p> <p>5. Ilinca I., Shaao M., Ertanhan M., Zavaleanu M. (2010). <i>Study Concerning the Improvement of Technical Training Efficiency in High Performance Volleyball</i>. 15th Annual Congress of the European College of Sport Science (ECSS), 23 - 26 June, Antalya, Turkey.</p> <p>6. Shaao M., Niculescu M., Ilinca I. (2009). <i>Enforcement of New Technology in Volleyball – Orientation for the Improvement of Selection and Training</i>. Journal: Citius Altius Fortius, Year: 2009 Vol: 22., ISSN: 1582-8131, pp. 62 - 66.</p> <p>7. Ilinca I., Rosulescu E., Zavaleanu M., Shaao M. (2009). <i>Biomechanical Study of Risk Factors Involved in the Occurrence of Patellar Tendonitis – Applications in Performance Sport</i>. Journal: Citius Altius Fortius, Year: 2009 Vol: 22., ISSN: 1582-8131, pp. 67 - 73.</p> <p>8. Shaao M., Ertanhan M., Ilinca I., Turcu S. (2009). <i>Study Concerning the Appropriation of Basic Sports Skills through Sports Game Practice Developed in the Elementary School Setting</i>. 2nd Annual International Conference Physical Education, Sport and Health, 20 - 22 November, Pitesti, Romania.</p> <p>9. Shaao M. (2009). <i>Improvement of Integrative Prosocial and Motor Behaviors to Hypoacusis Subjects by Specific Means Used in Volleyball Game</i>. 11th International Conference of Sports Kinetics "Current and Future Directions in Human Kinetics Research", under the patronage of ICSSPE and IASK, 25 - 27 September, Kallithea, Greece.</p> <p>10. Shaao M., Niculescu M. (2008). <i>Strategies to Improve Precision and Constancy in Receiving Serves by Means of DIRPAS-NS2006 System</i>. International Conference: "Physical Education, Sport and Health", under the patronage of ICSSPE, 21 - 23 November, Pitesti, Romania.</p>				
Books and courses	<p>1. Shaao M. (2009). <i>Volei. Optimizarea preciziei și constanței pazei (Volleyball. The Optimization of Precision and Constancy of the Set)</i>, ISBN 978-606-510-713-7, p. 358, Universitaria Publishing House, Craiova, Romania.</p> <p>2. Daian G., Shaao M. (2006). <i>Volei. Metodica predării (Volleyball. Teaching Methodology)</i>, 2nd ed., ISBN 973-742-222-8, p. 214, Universitaria Publishing House, Craiova, Romania.</p> <p>3. Shaao M., Daian G. (2004). <i>Volei. Metodica predării (Volleyball. Teaching Methodology)</i>, ISBN 973-8043-210-x p.196, Universitaria Publishing House, Craiova, Romania.</p> <p>4. Rinderu I., Rinderu (Avramescu) E. T., Shaao M. (1997). <i>Efortul, capacitatea de efort și performanță (Effort, Effort Capacity and Human Performance)</i>, p. 180, Reprographics, University of Craiova, Romania.</p>				