

Curriculum Vitae

Personal information

Surname / First names **POPESCU SEPTIMIU SORIN**
Address ap.7, sc.C1, bl.150APT, A. I. Cuza Street, Craiova, Dolj
Telephone 0040 351 425004 Mobile: **0040 744 102857**
E-mail popescuseptimiusorin@yahoo.com
Nationality Romanian
Date of birth July 13, 1967
Gender male

Work experience

Dates 2002 – present day
Occupation or position held PhD Senior Lecturer
Main activities and responsibilities Teaching courses: gymnastics, dance, physical condition optimisation, judo
Name and address of employer University of Craiova, The Faculty of Physical Education and Sports, Department of Gymnastics
Type of business or sector Education and Training

Dates 1997 – 2002
Occupation or position held Assistant
Main activities and responsibilities Teaching courses: gymnastics
Name and address of employer University of Craiova, The Faculty of Physical Education and Sports, Department of Gymnastics
Type of business or sector Education and Training

Dates 1994 –1997
Occupation or position held Graduate Assistant
Main activities and responsibilities Teaching courses: gymnastics
Name and address of employer University of Craiova, The Faculty of Physical Education and Sports, Department of Gymnastics
Type of business or sector Education and Training

Dates 1991 –1992

Occupation or position held	Professor, earned after obtaining the second position in the tenure examination
Main activities and responsibilities	Teaching courses: physical education and sport, high school education
Name and address of employer	Stefan Velovan High School, Craiova
Type of business or sector	Education and Training
Dates	1989 –1991
Occupation or position held	Supply teacher – high school and secondary school
Main activities and responsibilities	Teaching courses: physical education and sport, high school and secondary school education
Name and address of employer	School of Podari (Dolj County), School no 35 Craiova, Electroputere High School Craiova
Type of business or sector	Education and Training
Dates	1988 –1989
Occupation or position held	Physical preparation Coach in Orienteering (national champions)
Main activities and responsibilities	Preparation for the Orienteering National Championship
Name and address of employer	“Vointa” Sport Club Craiova
Type of business or sector	Sports training

Education and training

Dates	2002 - 2009
Title of qualification awarded	PhD Candidate, completed
Principal subjects/occupational skills covered	Dissertation theme: “Attractive ways to promote active life principles among the female students”
Name and type of organisation providing education and training	National Academy of Physical Education and Sports
Dates	1988 - 1992
Title of qualification awarded	Higher Education Graduate with Diploma License (grade “A”)
Principal subjects/occupational skills covered	Gymnastics
Name and type of organisation providing education and training	National Academy of Physical Education and Sports
Dates	1982 - 1986
Title of qualification awarded	High School Diploma (Baccalaureate Exam)
Principal subjects/occupational skills covered	Sports section
Name and type of organisation providing education and training	Tudor Arghezi High School

Personal skills and competences

Mother tongue Romanian

Other language(s)

Self-assessment

European level (*)

English

French

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
B	Independent User	B	Independent User	B	Independent User	B	Independent User	B	Independent User
B	Independent User	B	Independent User	B	Independent User	B	Independent User	B	Independent User

Social skills and competences

Communication skills, good team worker, good teacher, experienced in working with young students and kids

Organisational skills and competences

2002 – 2008 – Coordination and administration of the fitness and aerobic section at the “Prestarea” Center
1998 – 2002 – Coordination and administration of the aerobics section at the “Poiana” Sport Club

Sports skills and competences

1981 – 1990 – athletics (running), finalist in national championships
1974 – 1981 – swimming, finalist in national championships

Computer skills and competences

Windows 7, Windows XP, MS Word, Excel, Power Point, Internet

Other skills and competences

Training of the high school and secondary school students for the athletics championships
Training of the kindergarten kids for aerobic teams
Kineto Therapeutic recovery for:
- Hemiplegia
- Myopathy
- Hip osteoarthritis
- Femur head surgery
- Physical deficiency correction
- Pre- and post-surgery affections
Promoting aerobics on TV shows

Driving licence

No

March 12, 2012