



## Europass Curriculum Vitae

<b>Personal information</b>			
First name(s) / Surname(s)	<b>Orțănescu Dorina</b>		
Telephone(s)		Mobile:	0727870388
E-mail	odorina2004@yahoo.com		
Nationality	<b>Romanian</b>		
Date of birth	November , 19, 1954		
Gender	Feminine		
<b>Work experience</b>			
Institution and Dates	University of Craiova, Faculty of Physical Education and Sport , Theory and Methodology of the Motor Activities Department since 1992 to present , National University of Physical Education and Sport, Bucharest, PhD School since 2010 to present		
Occupation or position held	<p>2011-present <b>Director of the Theory and Methodology of the Motor Activities Department</b>, Faculty of Physical Education and Sport Craiova</p> <p>2010- present Scientific Coordinator for PhD students , National University of Physical Education and Sport, Bucharest</p> <p>2008-present Professor at the University of Craiova, Faculty of Physical Education and Sport, Gymnastic</p> <p>2008-2010 – Vice dean at the University of Craiova, Faculty of Physical Education and Sport</p> <p>2002 – 2008 – Assoc. Professor at the University of Craiova, Faculty of Physical Education and Sport</p> <p>1995-2008 – Scientific Dean at the University of Craiova, Faculty of Physical Education and Sport</p> <p>1992 – 2002 – Lecturer at the University of Craiova, Faculty of Physical Education and Sport</p> <p>1987 – 1992 – Teacher of physical education and sport at Phylosophy Highschool Craiova</p> <p>1978-1987 – Gymnastic Coach at Olimpia Sportiv Club of Craiova</p> <p>1977-1978 - Teacher of physical education and sport at General School no.134, Bucharest</p>		
Main activities and responsibilities	<ul style="list-style-type: none"><li>- as a responsible of gymnastics discipline I developed the content of knowledge courses offer basic gymnastics, rhythmic gymnastics, artistic gymnastics and thorough training in the sports industry, sports aerobics, dance, body expression and motor communication, while ensuring material conditions of conducting practical lessons</li><li>- as Scientific Secretary I developed plans for faculty research, I compiled annual operational plans of the faculty, I developed curriculum based on transferable credits system license level, we designed and developed thematic content study plans and curricula for the two forms Masters - Sports Competition and Quality of life and Sports Performance, I developed analytical programs for integrated courses in other Masters programs, I made records and self-accreditation for physical education department and master.</li><li>- I organized scientific sessions of teachers and students, professional meetings on various issues, I moderate the conduct of sections, I was part of the Scientific Committee of the faculty or events organized by other institutions - faculties, school inspectorates, Sport Science Council of Romania - INCS.</li><li>- I started publishing a journal specialized faculty, I participated as scientific coordinator and member of the international contracts contracts CNCSIS</li><li>- I initiated the establishment of the Students Scientific Circle FEFS Craiova</li><li>- I support the define the conditions for admission and graduation for all three programs;</li><li>- I assured the development of material base to ensure completion of education programs and providing it with material, equipment and cutting-edge facilities;</li><li>- I developed the research directions consistent with research facilities in the center, especially those involving students from the master to assist them in developing undergraduate and dissertation work and to pave the way for doctoral studies;</li><li>- I contributed to organize the faculty's library to increase specialized books and periodicals</li></ul>		
<b>Education and training</b>			
Dates	2005 -2011		
Title of qualification awarded	<b>PhD</b>		

Name and type of organisation providing education and training	<b>National Academy of Physical Education and Sport, Bucharest</b>						
Level in national or international classification	<b>PhD Degree in Physical Education and Sport</b>						
Dates	1973-1977						
Title of qualification awarded	<b>Bachelor's Degree in Physical Education</b>						
Name and type of organisation providing education and training	National Institute of Physical Education and Sport, Bucharest						
<b>Personal skills and competences</b>							
Mother tongue(s)	<b>Romanian</b>						
Other language(s)	<b>English</b>						
Self-assessment	<b>Understanding</b>		<b>Speaking</b>			<b>Writing</b>	
<i>European level (*)</i>	Listening		Reading		Spoken interaction	Spoken production	
<b>Language English</b>		C2		C2		B2	
<b>Organisational skills and competences</b>	<ul style="list-style-type: none"> <li>• 2011 to present – Department Director- Theory and Methodical Motor Activities, Physical Education and Sport Faculty.</li> <li>• 1995- present – member of the Faculty Council, Physical Education and Sport Faculty.</li> <li>• 2005 – present – member in the University Senate,</li> <li>• 2004-2010 - Member of the <b>Director Council of the Sport Science Council of Romania</b></li> <li>• 2005 to present – Editorial Manager, 'Viitorul' Specialty Magazine, Craiova.</li> <li>• Member of the Scientific Committee for Communication Session '<i>Sports for everyone. From movement education to performance sports</i>' – Craiova, 2005</li> <li>• Reviewer for International Scientific Conference 'Physical Exercise as a Complex and Modern Way to promote Healthy Living', Craiova, 2008, 2009,2010, 2011</li> <li>• Referee for different gymnastics competitions and festivals at county and national level</li> </ul>						
<b>RESEARCH ACTIVITY</b>	<ul style="list-style-type: none"> <li>• I have over 200 studies and articles in special journals and different national and international conferences</li> <li>• Author of 10 books</li> </ul> <p>Selected List of Publications</p> <ul style="list-style-type: none"> <li>• Orțănescu D., Cosma. G, Nanu C., (2011), Reliance of motor learning efficiency on its typical issues, Sport Medicine Journal, Journal of Romanian Sports Medicine Society, pagina 688</li> <li>• Vasilescu, M., L. Rusu, M. Dinca, D. Ortanescu, C. Nanu, G.Cosma, T.A. Balseanu., (2009), The influence of aerobic exercise and caloric restricted diet association at young patients with metabolic syndrome, The Proceedings of the VIth European Sports Medicine Congress, Antalya, Turkey, pp. 315-1318, indexed in Conference Proceedings Citation Index, published by Thomson Reuters – Philadelphia, Medimond-Monduzzi Editore International Proceedings Division</li> <li>• Vasilescu M., Ortanescu D, Cosma G., Nanu C., 2009, The effect of physical exercise on inflammatory markers in metabolic syndrome. <i>Medicina Sportiva</i>, Journal of Romanian Sports Medicine Society, nr.19/2009</li> <li>• Rusu Ligia, Vasilescu Mirela, Orțănescu Dorina, 2006, <i>Assement in kinetic rehabilitation programme of ankle instability after ahillian-calcaneo-plantar disorders</i>, 11-th Annual Congress of European College of Sport Science, Lausanne, Switzerland, p.363, ISBN 3-939390-35-6</li> <li>• Orțănescu Dorina, Orțănescu Corneliu, <i>Elaborating playing teams based on behavioral safety of handballers</i>, 11-th Annual Congress of European College of Sport Science, 5-8 july 2006, Lausanne, Switzerland, p.326, ISBN 3-939390-35-6</li> <li>• Orțănescu Corneliu, Orțănescu Dorina, Nanu Costin, 2005, <i>Rising the performance capacity by using deep muscular relaxation tehnique</i>, Journal of Sports Science Exercise &amp; Society editat cu ocazia 13<sup>th</sup> International Congress on Physical Education and Sport, Komotini, Grecia, ISSN 1105/655X, p.258</li> </ul>						
<b>Computer skills and competences</b>	Windows programming, user of Microsoft Office applications, Internet navigation						
<b>Artistic skills and competences</b>	I graduated the Arts School in Craiova - Classical Dance department / 1963-1966						